

U14 OBJECTIVES & GOALS

SCRIMMAGE:	U13- Coordinate possession, transition and finishing
	U14- Coordinate playing out from the back, possession, transition, combination play & finishing during the game
TACTICAL:	U13- Improve attacking coordinated movements and zonal defending
	U14- Application of attacking principles to create combination play
TECHNICAL:	U13- Focus on quality of passing and receiving technique and ball control in small spaces
	U14- Focus on quality of passing and receiving technique, ball control and finishing in small and big spaces
PHYSICAL:	U13- Basic development of speed, endurance and strength
	U14- General development of endurance, speed and strength
PSYCHOSOCIAL:	U13- Commitment to the team and focus in training
	U14- Competition in individual and team situations

BY THE END OF THE SEASON THE U13 PLAYER MUST BE CAPABLE OF:

1. Passing the ball at speed in reduced spaces
2. Combination play and communication with teammates
3. Combine endurance and speed during the game

BY THE END OF THE SEASON THE U14 PLAYER MUST BE CAPABLE OF:

1. Playing short and long accurate passes in collective practices.
2. Combination play and communication with teammates
3. Combine endurance and speed during the game