

## **MARCH UPDATE**

**Thank you for registering for the upcoming soccer season!**

**We are busy behind the scenes getting ready but wanted to take a few moments to make sure you have the information you need.**

**If you have any friends or family interested in participating please let them know that there is still time to register for the U4-U10 age groups!**

### **Season Dates:**

- May 9- July 20
- 11 Week Program (off 4th of July week)

### **Sessions:**

- Two weekday evenings per week

### **U4** Born in 2013 & 2014

- Tuesday's and Thursday's
- **5:30-6:15 pm**
- 45 min

### **U6** Born in 2011 & 2012

- Tuesday's and Thursday's
- **6:45-7:30 pm**
- 45 min

### **U8** Born in 2009 & 2010

- Tuesdays and Thursdays
- **5:30-6:30 pm**
- 60 min

### **U10** Born in 2007 & 2008

- Tuesdays and Thursdays
- **6:45-7:45 pm**
- 60 min

### **Location:**

Howard Suamico area park

Due to the growth of our program we are working on finalizing a location that can accommodate all of us at one park. We will announce the location as soon as it is set.

### **Spring Program Format:**

- Coed program
- Focused on FUN and DEVELOPMENT
- Players will be grouped into pools
- Each session will be led by coaches licensed and trained to work with the age group
- Each session will end with a scrimmage/ game
- These games/scrimmages are free play that allow the players to try out the skills/ideas from training without worrying about making "mistakes"
- Scrimmage/game formats will be anywhere from 3v3 to 7v7

### **What to wear:**

#### **Athletic pants or shorts**

- Without any metal or plastic pieces i.e. zippers, buttons, snaps etc.
- Without pockets

## **Shirts**

- They will receive a Howard Fire shirt at training
- Any other athletic shirt or sweatshirt without any metal or plastic pieces i.e. zippers, buttons, snaps etc.

## **Shin guards**

- They must wear shin guards
- They must wear long socks that will cover their shin guards entirely even if they wear pants
- They can wear an additional sock under the shin guards if they don't like the feeling of the guard against their leg

## **Cleats or Tennis Shoes**

- Either are allowed but soccer cleats are recommended as they provide more traction on the grass, especially in wet conditions
- They may NOT wear baseball or football cleats
- Not sure what the difference is? Check out this video:
- <https://www.youtube.com/watch?v=1iJAGaeUSnY>

## **No Jewelry**

- No jewelry is allowed- no exceptions other than medical alert items

## **Balls**

- Each player should bring a soccer ball with them to every session
- U4-U8 age groups should have a size 3 ball
- U10 age group should have a size 4 ball
- Shin guards, cleats and balls can be purchased at stores such as Dick's, Target, Walmart, and Shopko

New to soccer? Here is a short video on gear for soccer:

<https://www.youtube.com/watch?v=JtCA6ITJVZQ>

### **Payments**

If you have not paid for the season yet, please do so as soon as possible. You can pay online via this link:

[http://www.howardfc.com/store/c3/YOUTH\\_.html](http://www.howardfc.com/store/c3/YOUTH_.html)

Or you can go to our [website](#) and select “SPONSORS AND STORE” in navigation across the top

Don't want to pay online? You can send a check made out to Howard FC for the correct amount to:

Howard FC  
950 Channel Tunnel Court  
Green Bay, WI 54313

We'll hopefully we have answered your questions. If you have any other questions, please feel free to contact us. We are looking forward to a great season.

**Welcome to the Howard Fire Family!**