

U4/6 REC SOCCER



Club Goals

- First and foremost is FUN – kids will not want to play or continue in an activity if they aren't having fun.
- Create a family environment that is age and stage appropriate so that we can optimize learning. We want to work with players both as individuals and as part of a group; and help each child meet challenging and achievable goals.

U4/U6 Players Objectives and Goals:

- Player is comfortable when the ball is at their feet
- Encourage the players desire to score!
- FUN!

What we WILL focus on:

- Balance and coordination- with and without the ball
- Basic Motor Skills- with and without the ball
- Ball Control
- Dribbling
- Using both feet
- Running with the ball
- Shooting the ball -U6
- Creativity and imagination
- Mistakes are OK
- FUN

What we WILL NOT focus on:

- Winning, losing or the score
- Passing
- Cooperative play-U6 will start to develop this
- Positions
- Trying to stop the swarm
- Restarts- throw ins, corner kicks, goal kicks

Skills we would like to see by the end of the season:

- Running with the ball
- Stopping the ball
- Striking the ball- U6
- “Getting the ball” -U6
- Dribbling out of trouble / traffic- U6
- Dribbling past an opponent - U6
- Soft first touch- U6
- No kicking and chasing

How you can help:

- Cheer don't steer
- Cheer for everyone
- Help out the coaches during sessions – no soccer knowledge required

Snacks

- We have a snack schedule if your family would like to contribute to a snack. Please speak with the designated organizer for your age group.

Equipment

- Size 3 ball, SOCCER cleats or tennis shoes, shin guards, socks that completely cover the shin guards, jersey, athletic shorts or pants

Cancellations

- We will train in rainy weather, but we will cancel training if there is active lightning.
- All cancellations will be posted on Facebook, or communicated through email.

IGNITING A LOVE OF SOCCER THROUGHOUT OUR COMMUNITY

U4/6 Coach Contact Information

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