

# U12 SEASON OBJECTIVES & GOALS

<b>SCRIMMAGE:</b>	Improve possession and transition as well as collective defending during the match
<b>TACTICAL:</b>	Develop attacking/defending principles and combination play
<b>TECHNICAL:</b>	Focus on quality of passing and receiving technique as well as ball control in game situations
<b>PHYSICAL:</b>	Compete to increase speed, agility, coordination and balance in competitive games
<b>PSYCHOSOCIAL:</b>	Increase collective self-confidence

## BY THE END OF THE SEASON THE U12 PLAYER MUST BE CAPABLE OF:

1. Application of technique at speed in game situations
2. Application of attacking and defending principles in games
3. Agility, coordination and speed movements in simple practices